



## Personal Training Package from Tompkins of all Trades

#126

Reach your goals and tompking treat yourself

Starting Bid \$80.00

Retail Value \$350.00

1 Available

**Donated by Tompkins of all Trades** 

Tompkins of all Trades is owned by an active duty military spouse, who is dedicated to helping individuals reach their goals without restrictions. With over 10 years of personal training experience and over 8 years of gluten free baking experience. This package includes 6 gluten free cookies and one month free online personal training (workouts and nutrition plan). Located in Mission Viejo.